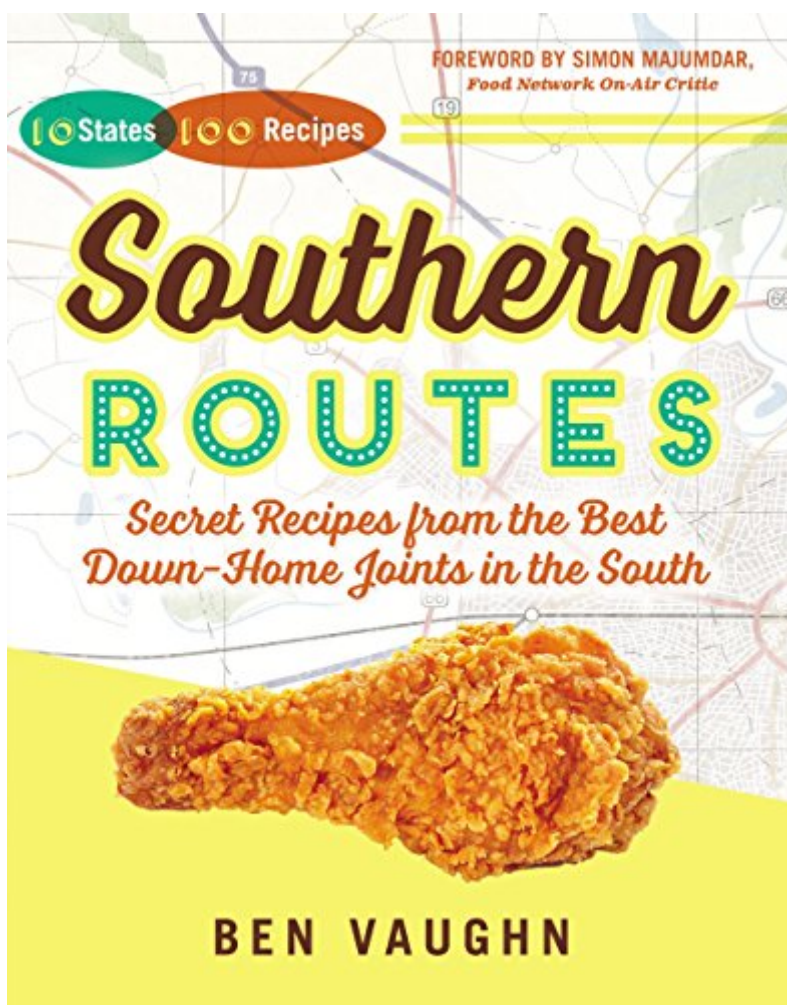


The book was found

Southern Routes: Secret Recipes From The Best Down-Home Joints In The South



Synopsis

In most of Ben's experiences the humble Southern chefs share their long protected family recipes, but it's not an adventure if everyone cooperates. Some of these institutions guard their recipes like members of the family. To the untrained eater, the secret ingredients it takes to create such an iconic dish would remain a bewitching mystery without the original formula. However, Ben's journey and mission is to deliver the most amazing 100 Southern recipes. With his charm and ability in the kitchen, Ben acquired each recipe one way or another. If he was unable to get the recipe directly from the source, Ben replicated it himself, only having tasted the dish. After deciphering the exact mix of ingredients, Ben's recipe was put to the test when the recipe gatekeeper gave him the thumbs up. From iconic Southern kitchens all throughout the Delta such as Mat & Naddies and Carlos and Rocky's in New Orleans; Our Way Café in Decatur, Georgia; McMel's, City Café, Dipsy Doodle, and Wendell Smith's Restaurant in Tennessee; and Martha's Menu in Mississippi experience the real recipes, real people, and real stories as Ben journeys through the South exploring Southern Routes.

Book Information

File Size: 52553 KB

Print Length: 288 pages

Simultaneous Device Usage: Up to 5 simultaneous devices, per publisher limits

Publisher: Thomas Nelson (September 15, 2015)

Publication Date: September 15, 2015

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00PWOH12Y

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #69,339 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #34

in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > U.S.

Regional > South #103 in [Books > Cookbooks, Food & Wine > Regional & International > U.S.](#)
Regional > South #14322 in [Kindle Store > Kindle eBooks > Nonfiction](#)

Customer Reviews

I'm a for-real Southern cook, and this is the first cookbook I have ever seen that addresses the fact that Southern cooking is not just about ingredients, but about the HOW we do it. That HOW can be as important, or even more important than the ingredients themselves. I plan to send a copy to my grandson, who lives in California, too far away for me to teach him all the Southern tricks firsthand. I give this book an A+++.

What an enjoyable ride! Love it all!As an armchair traveler, I had a terrific trip through the South, exploring byways and great foods. Best of both worlds -- travel and food (without the hassle or the calories)!! Great stories and fun recipes....ad a cook, adaptations or not, I will give them a try. Some fun! Great price.

A nice journey through the south and it's cuisine

I feel this book has a great selection of recipes from different states. These recipes are from favorite restaurants and are loved by customers. I especially like the chicken and dumplings recipe. I recommend this book to all who love southern food.

Excellent read. I enjoyed all the stories and though all the recipes aren't the heavily guarded secret ones, they are quite delicious.

Love this book. Can't wait to get cooking.

There are some great recipes in this book. On a side note, Stax's Original Restaurant is in SC, not NC.

Great flavor.

[Download to continue reading...](#)

Southern Routes: Secret Recipes from the Best Down-Home Joints in the South Southern Cooking:
Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks -

Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook
Recipes Southern Cooking: for beginners - Simple Southern Food Recipes - Old South Recipes
(Southern Food - Southern Meals - Southern Recipes - Soul Food - American Cuisine Book 1)
South Beach Diet: South Beach Diet Recipe Book: 50 Delicious & Easy South Beach Diet Recipes
(south beach diet, south beach diet recipes, south beach diet beginners guide, south beach diet
cookbook) Old South Cajun Creole Cookbook: Down Home Southern Recipes! (Southern Cooking
Recipes Book 50) South Your Mouth Some More!: More Southern Recipes& Down-home Humor
from Your Favorite Southern Cook! South Beach Diet: The South Beach Diet Beginners Guide to
Losing Weight and Feeling Great! (south beach diet, south beach diet beginners guide, south beach
diet recipes) Cycling Michigan 25 of the Best Bike Routes in Western Michigan: 25 Of the Best Bike
Routes in Western Michigan Carolina Cookbook: A Southern Cookbook with Authentic North
Carolina Recipes and South Carolina Recipes for Easy Southern Cooking Southern Spreads &
Dips: 200 Southern Recipe Favorites! (Southern Cooking Recipes Book 49) Southern Lovin': Old
Fashioned from Scratch Southern Favorites (Southern Cooking Recipes Book 1) North
Carolina's Roadside Eateries: A Traveler's Guide to Local Restaurants, Diners,
and Barbecue Joints (Southern Gateways Guides) Smoking Meat: The Best 55 Recipes of Smoked
Meat, Unique Recipes for Unique BBQ: Bundle: Smoking Fish vs Meat:The Best Recipes Of
Smoked Food Book1/Smoking Meat: The Best Recipes Of Smoked Meat Book2 Deep South Dish:
Homestyle Southern Recipes (Best of the Best Presents) World Cruising Routes: 7th edition: 1000
Sailing Routes In All Oceans Of The World (World Cruising Series) Snowshoe Routes: Washington
(Snowshoe Routes Washington) Best Climbs Joshua Tree National Park: The Best Sport And Trad
Routes In The Park (Best Climbs Series) Best Climbs Phoenix, Arizona: The Best Sport and Trad
Routes in the Area (Best Climbs Series) Best Climbs Rocky Mountain National Park: Over 100 Of
The Best Routes On Crags And Peaks (Best Climbs Series) Down, Down, Down: A Journey to the
Bottom of the Sea

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)